

# Symposium - Milk: Metabolism and Gut



Danish Dairy  
Research Foundation

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<b>Date &amp; Time</b>	Monday, September 15 2025, at 10:00 - 16:30 (CEST)
<b>Location</b>	Comwell Aarhus, Værkmestergade 2, 8000 Aarhus, Denmark
<b>Registration</b>	Registration to the conference and poster session by email to <a href="mailto:emil@arlafoods.com">emil@arlafoods.com</a> . Please notice the no-show fee*

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## Program

<u>Time</u>	<u>Subject</u>	<u>Speaker</u>
09:00	<b>Registration &amp; coffee in the Hall</b>	
10:00	<b>Welcome</b>	Andreas Buch Møller <i>Head Arla Food for Health</i>
		Grith Mortensen <i>Head Danish Dairy Research Foundation</i>
10:30	<b>My gut feeling about nutrition, gut hormones and metabolic control</b>	Jens Juul Holst <i>Professor University of Copenhagen</i>
11:15	<b>Nutrient sensing and appetite regulation</b>	Nikolaj Rittig <i>Clinical researcher Steno Diabetes Center Aarhus</i>
11:45	<b>Poster pitches</b>	Selected projects
12:15	<b>Poster session and lunch (included)</b>	All projects
13:45	<b>Special milk lipids for health – enrichment through cow feeding or by technology</b>	Lars Wiking <i>Associate Professor Aarhus University</i>
14:15	<b>Bioactive milk lipids for health – metabolic &amp; cardiovascular effects and future perspectives</b>	Andreas Fritzen <i>Associate Professor University of Copenhagen</i>
14:45	<b>Coffee</b>	
15:15	<b>YourGutBrain – bowel habits – a way to effect the gut microbiome and cognition</b>	Henrik Roager <i>Associate Professor University of Copenhagen</i>
15:45	<b>Gut microbiomes love lactose – new insight into the lactose metabolism of intestinal microbiota</b>	Clarissa Schwab <i>Professor Aarhus University</i>
16:15	<b>Concluding remarks</b>	Grith Mortensen <i>Head Danish Dairy Research Foundation</i>

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For more information about Arla Food for Health and the Danish Dairy Research Foundation, please visit:  
<https://arlafoodforhealth.com/> and [www.danishdairyboard.dk/research/ddrf](http://www.danishdairyboard.dk/research/ddrf)

\*No show fee: 500 DKK